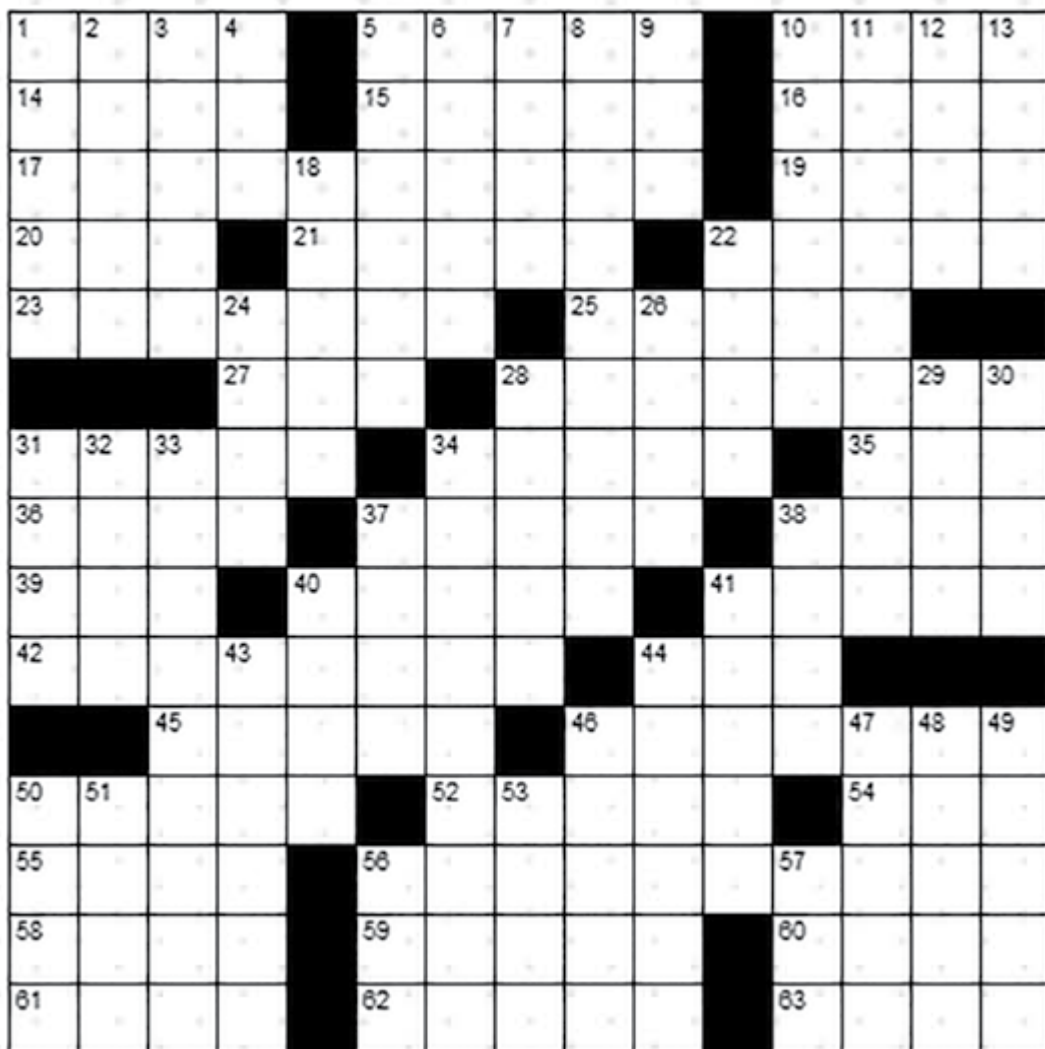


February 2015

ACROSS

1. Stop for a horse
5. Thick slices of something
10. Backside
14. Rime
15. Garden bulb
16. Mobile phone
17. Unhygienic
19. Wicked
20. Japanese apricot
21. Excrete
22. List components
23. Schemes
25. Ritual
27. American Dental Association
28. Physiologically dependent
31. Door fasteners
34. Interprets written material
35. Nigerian tribesman
36. ___ vera
37. Herbs
38. Kiss
39. 3 in Roman numerals
40. Motherless calf
41. Indications
42. Proceed
44. Excavate
45. Desert plants
46. Unhappiness
50. Ancient Roman magistrate



52. Will
 54. Consumed food
 55. Guy
 56. Rival
 58. Portent
 59. Drink garnish
 60. Relating to aircraft
 61. Spar
 62. Beginners
 63. Beer
- ## DOWN
1. Caprices
 2. Product of bees
 3. Fertile area in a desert
 4. Genus of macaws
 5. A symbol of disgrace
 6. Chordophones
 7. "Oh my!"
 8. Birthday
 9. Operative
 10. Vinegary
 11. Strengthening a wall with masonry
 12. Slender
 13. L L L L
 18. Requires
 22. Nile bird
 24. Give and ___
 26. Contributes
 28. Eagle's nest
 29. Black, in poetry
 30. Canines
 31. Nonclerical
 32. Hodgepodge
 33. Happens simultaneously
 34. Mischievously
 37. Habit

38. Anagram of "Sing"
40. Cut into cubes
41. Move furtively
43. Ability
44. Rapids
46. Artillery burst
47. Keen
48. Cubic meter
49. Goat antelope
50. Anagram of "Dome"
51. Russian parliament
53. Found on most heads
56. Small portable bed
57. Apprehend

Crossword Answers January Issue

February answers will appear in our March issue



VILLA VOICE

February 2015

Your Community Team

Kristie Johnsrud
Administrator

Nette Wilmes
Admissions Director

Jennifer Rooney
Social Services Director

Melissa Gram
Director of Nursing

Brandy Rhodes
Recreation Director

Jenny Weisenberger
Dining Services Director

Cari Brastad
MDS Coordinator

Jill Gunderson
Business Office Mgr.

Pam Willenbring
Housekeeping Director

Kent Netzer
Maintenance Supervisor

Office Hours

Monday Thru Friday
8:00 am - 4:30 pm

Banking Hours
8:30 am - 3:00 pm

Contact Directory

Main Office
952-546-4261

Office Fax
952-546-7164

A HEALTHY VALENTINE TREAT

Recent studies have shown that eating chocolate may actually be good for you. Researchers have found that raw or minimally processed cocoa contains flavonoids similar to those found in green tea. According to studies, these antioxidants have been linked to help accomplish the following:

- Decrease blood pressure
- Improve circulation
- Improve function of cells that line the blood vessels
- Defend against destructive molecules called free radicals, which trigger cancer, heart disease and stroke
- Improve Digestion and stimulate kidneys

Travel With Me

Aaah... the annual family road trip brings back fond memories. Cramming into the family car for hours of togetherness may seem like torture, but in hindsight the many precious conversations, out of tune sing-a-longs, and not so funny knock-knock jokes could well turn out to be some of your best family memories.

There are so many great sites to see in our beautiful country and you can re-live those vacations by coming to our "Travel With Me" series! Located in the Recreation Room and eventually on all Channel 54 stations, join us each week as we travel to new and different places. We would love to hear about your adventures too!

Winter Safety

We want our residents to stay safe, especially when they are out walking. Remember to: Avoid walking in the dark or in bad weather, give yourself time to cross the street, and always stay in the crosswalks. Walk on the sidewalks, facing the traffic. Remember to dress warmly and let your staff know that you are leaving and when you return.

White Elephant Sale

It's time to talk about the sale! The White Elephant Sale is an annual event here at The Villa. This year we are planning for the event to take place in May. We figure that the weather will be starting to warm up and everyone will be ready to get their "rummaging" going for the season!

With that being said, please connect with any of your TR girls to inquire about the event. We are still looking for donations for this also! Residents would like to raise money for a new Popcorn Machine so let's help them out! Spread the word and drop off those donations! (please no clothing or items in poor or broken condition)

The Villa at St. Louis Park | stlp@villahc.com
7500 W 22nd St St. Louis Park, MN 55426





February 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:45 Church Service -2 11:00 Coffee & Chats -2 1:00 Room Visits 1:1 2:30 Bingo - 2DR	2 10:00 Fitness Fun -2 11:00 Spontaneous -2DR 1:30 Crazy 8's 3:00 Popcorn Pass - All 5:00 Lawrence Welk - Channel 54 6:30 Piano w/ Dennis -2	3 9:30 Catholic Communion 10:00 Manicures & Nail Care - 2 1:30 Resident Council-2DR 3:00 Trivial Tuesday-2 4:00 Travel w/ Me "California Parks- RR	4 9:00 Book Cart Rounds 10:00 Art w/ Maggie- P 10:30 Hymn Sing -2 1:30 Blackjack -2DR 3:00 Story Writing - 2 6:30 Wheel of Fortune - Ch 2	5 10:00 Fitness Fun -2 11:00 Pokeno -2 1:00 Room Visits 1:1 1:30 Tailgate Toss -2 3:00 Farkle -2 4:30 Sing Along -2	6 10:00 Ceramics - RR 11:00 TBD 1:30 Candy Sales - RR 2:00 Movie "Pardon My Pups" - RR 5:00 Game Jumble - 2 7:00 New Release Movie - Channel 5	7 10a Ind. Word Search 12:15 Room Visits 1:1 1:00 Creative Crafts -2 2:30 Bingo - 2DR 4:00 Afternoon Movie - Tune into Channel 54
8 9:45 Church Service -2 11:00 Coffee & Chats -2 1:00 Room Visits 1:1 2:30 Bingo - 2DR	9 10:00 Fitness Fun -2 11:00 Brain Teasers -2DR 1:30 Game of Sevens -2 3:00 Ladies Tea - 2DR 5:00 Lawrence Welk - Channel 54 6:30 Piano w/ Dennis	10 9:30 Catholic Communion 10:00 Manicures & Nail Care -2 1:30 Giant Crossword-2 3:00 Trivial Tuesday-2 4:00 Travel w/ Me "Spain" - RR	11 9:00 Book Cart Rounds 10:00 Art w/ Maggie- P 10:30 Hymn Sing -2 1:30 Blackjack -2DR 3:00 Story Writing - 2 6:30 Bingo - 2DR	12 10:00 Fitness Fun -2 11:00 Pokeno - 2 12:15 Pizza Lunch - RR 2:00 Bowling -2 3:30 Left- Center- Right-2 5:00 Sing Along -2	13 10:00 Ceramics - RR 11:00 TBD 1:30 Candy Sales - RR 2:00 Movie "The Great Guy" - RR 5:00 Game Jumble - 2 7:00 New Release Movie - Channel 54	14 10a Ind. Word Search 12:15 Room Visits 1:1 1:00 Trivial Knowledge -2 2:30 Bingo - 2DR 4:00 Afternoon Movie - Tune into Channel 54
15 9:45 Church Service -2 11:00 Coffee & Chats -2 1:00 Room Visits 1:1 2:30 Bingo - 2DR	16 10:00 Fitness Fun -2 11:00 Make Me Laugh -2DR 1:30 Yahtzee - 2 3:00 Popcorn Pass - All 5:00 Lawrence Welk - Channel 54 6:30 Piano w/ Dennis -2	17 9:30 Catholic Communion 10:00 Manicures & Nail Care - 2 1:30 Giant Crossword-2 3:00 Trivial Tuesday-2 4:00 Travel w/ Me "Great Britian" - RR	18 9:00 Book Cart Rounds 10:00 Art w/ Maggie- P 10:30 Hymn Sing -2 1:30 Blackjack -2DR 3:00 Story Writing - 2 6:30 Bingo - 2DR	19 10:30 Church Service -2 11:15 Room Visits 1:1 1:30 Ladder Ball -2 3:00 Over 90's Club -2DR 5:00 Coffee Talk - 2	20 10:00 Ceramics - RR 11:00 TBD 1:30 Candy Sales - RR 2:00 Movie "Oceans 11" - RR 5:00 Game Jumble - 2 7:00 New Release Movie - Channel 54	21 10a Ind. Word Search 12:15 Room Visits 1:1 1:00 Creative Crafts -2 2:30 Bingo - 2DR 4:00 Afternoon Movie - Tune into Channel 54
22 9:45 Church Service -2 11:00 Coffee & Chats -2 1:00 Room Visits 1:1 2:30 Bingo - 2DR	23 10:00 Fitness Fun -2 11:00 Remember When? -2DR 1:30 UNO -2 3:00 Birthday Party! - 2 5:00 Lawrence Welk - Channel 54 6:30 Piano w/ Dennis -2	24 9:30 Catholic Communion 10:00 Manicures & Nail Care -2 1:30 Giant Crossword-2 3:00 Trivial Tuesday-2 4:00 Travel w/ Me "Rome: The Empire- RR	25 9:00 Book Cart Rounds 10:00 Art w/ Maggie- P 10:30 Hymn Sing -2 1:30 Blackjack -2DR 3:00 Story Writing - 2 6:30 Bingo - 2DR	26 10:00 Fitness Fun -2 11:00 Pokeno -2 1:00 Room Visits 1:1 1:30 Tailgate Toss -2 3:00 Jeopardy - 2 5:00 Coffee Talk -2	27 10:00 Ceramics - RR 11:00 TBD 1:30 Candy Sales - RR 2:00 Movie "Frontier Town" - RR 5:00 Game Jumble - 2 7:00 New Release Movie - Channel 5	28 10a Ind. Word Search 12:15 Room Visits 1:1 1:00 Trivial Knowledge -2 2:30 Bingo - 2DR 4:00 Afternoon Movie - Tune into Channel 54

